

# 5 STEPS to Better Bird WELFARE



JANUARY 5<sup>TH</sup>  
NATIONAL BIRD DAY  
MORE BEAUTIFUL WILD

## 2/ FLIGHT!

Provide daily exercise and ample out-of-cage time, preferably to include free flying in safe, supervised environment.

THINK  
OUTSIDE  
THE  
CAGE!

Give your bird the largest enclosure possible.



Photo by: Jill Gannon

[avianwelfare.org/nationalbirdday](http://avianwelfare.org/nationalbirdday)